# **Complete Summary**

#### TITLE

Engagement of alcohol and other drug (AOD) treatment: percentage of members who initiated treatment and who had two or more additional services with an AOD diagnosis within 30 days of the initiation visit.

# SOURCE(S)

National Committee for Quality Assurance (NCQA). HEDIS® 2009: Healthcare Effectiveness Data & Information Set. Vol. 1, Narrative. Washington (DC): National Committee for Quality Assurance (NCQA); 2008 Jul. 90 p.

National Committee for Quality Assurance (NCQA). HEDIS® 2009: Healthcare Effectiveness Data & Information Set. Vol. 2, Technical Specifications. Washington (DC): National Committee for Quality Assurance (NCQA); 2008 Jul. various p.

# **Measure Domain**

# **PRIMARY MEASURE DOMAIN**

Access

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the <u>Measure Validity</u> page.

# **SECONDARY MEASURE DOMAIN**

Does not apply to this measure

# **Brief Abstract**

# **DESCRIPTION**

This measure is used to assess the percentage of adolescent and adult members with a new episode of alcohol or other drug (AOD) dependence who initiated treatment and who had two or more inpatient admissions, outpatient visits, intensive outpatient encounters, or partial hospitalizations with any AOD diagnosis within 30 days after the date of initiation encounter.

See the related National Quality Measures Clearinghouse (NQMC) summary of the National Committee for Quality Assurance (NCQA) measure <u>Initiation of alcohol</u> and other drug (AOD) treatment: percentage of adolescent and adult members

who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter, or partial hospitalization within 14 days of diagnosis.

#### **RATIONALE**

There are more deaths, illnesses and disabilities from substance abuse than from any other preventable health condition. Treatment of medical problems caused by substance abuse places a huge burden on the health care system.

Treatment engagement is an intermediate step between initially accessing care (the first visit) and completing a full course of treatment. Numerous studies indicate that individuals who remain in treatment for a longer duration of time have improved outcomes, but the 1990 Drug Service Research Survey suggested that many clients (52 percent) with AOD disorders leave treatment prematurely. This measure is seen as an important intermediate indicator, closely related to outcome. In fact, studies have tied the frequency and intensity of engagement as important in treatment outcomes and reducing drug-related illnesses.

#### PRIMARY CLINICAL COMPONENT

Alcohol and other drug (AOD) dependence; continuation of treatment

# **DENOMINATOR DESCRIPTION**

Adolescent and adult members 13 years and older as of December 31 of the measurement year with a new episode of alcohol or other drug (AOD) dependence during the Intake Period with an inpatient, intensive outpatient, partial hospitalization, outpatient, detoxification or emergency department (ED) encounter with any diagnosis of AOD (see the "Description of Case Finding" and the "Denominator Inclusions/Exclusions" fields in the Complete Summary)

# **NUMERATOR DESCRIPTION**

Initiation of alcohol and other drug (AOD) treatment and two or more inpatient admissions, outpatient visits, intensive outpatient encounters, or partial hospitalizations with any AOD diagnosis within 30 days after the date of the Initiation encounter (inclusive) (see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

# **Evidence Supporting the Measure**

# **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

- A formal consensus procedure involving experts in relevant clinical, methodological, and organizational sciences
- One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

# **Evidence Supporting Need for the Measure**

# **NEED FOR THE MEASURE**

Overall poor quality for the performance measured Use of this measure to improve performance Variation in quality for the performance measured

# **EVIDENCE SUPPORTING NEED FOR THE MEASURE**

National Committee for Quality Assurance (NCQA). The state of health care quality 2008: industry trends and analysis. Washington (DC): National Committee for Quality Assurance (NCQA); 2008. 131 p.

# **State of Use of the Measure**

#### STATE OF USE

Current routine use

#### **CURRENT USE**

Accreditation

Decision-making by businesses about health-plan purchasing
Decision-making by consumers about health plan/provider choice
External oversight/Medicaid
External oversight/Medicare
External oversight/State government program
Internal quality improvement

# **Application of Measure in its Current Use**

#### **CARE SETTING**

Ambulatory Care Behavioral Health Care Emergency Medical Services Managed Care Plans

# PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Physicians

Psychologists/Non-physician Behavioral Health Clinicians

# LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

# **TARGET POPULATION AGE**

Age greater than or equal to 13 years

# **TARGET POPULATION GENDER**

Either male or female

# STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

# **Characteristics of the Primary Clinical Component**

# **INCIDENCE/PREVALENCE**

- Nearly 1 in 10 Americans age 12 and over abuse, or are dependent on alcohol or illicit drugs.
- Alcoholism is one of the most common psychiatric disorders, with a prevalence of 8 to 14 percent in the general population.
- Serious drinking often starts in adolescence. About 40 percent of alcoholics develop their first symptoms between 15 and 19 years of age.

# **EVIDENCE FOR INCIDENCE/PREVALENCE**

Cline TL. A systems of care approach to substance abuse and mental health services: testimony. [internet]. Washington (DC): U.S. Department of Health & Human Services, Substance Abuse and Mental Health Services Administration; 2007 May 8[accessed 2009 Mar 30].

Enoch MA, Goldman D. Problem drinking and alcoholism: diagnosis and treatment. Am Fam Physician2002 Feb 1;65(3):441-8. PubMed

Substance Abuse and Mental Health Services Administration (SAMHSA). Results from the 2005 National Survey on Drug Use and Health: national findings. Rockville (MD): Substance Abuse and Mental Health Services Administration, Office of Applied Studies; 2006. 284 p.(NSDUH series; no. H-30).

### **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

#### **BURDEN OF ILLNESS**

Alcohol abuse accounts for and is one of the most common preventable causes of death in United States. One in 25 deaths can be attributed to alcohol use.

# **EVIDENCE FOR BURDEN OF ILLNESS**

Mokdad AH, Marks JS, Stroup DF, Gerberding JL. Actual causes of death in the United States, 2000. JAMA2004 Mar 10;291(10):1238-45. [97 references] PubMed

#### **UTILIZATION**

In 2005, more than 23 million people over 12 years old needed treatment for alcohol or drug use. Only 2.4 million people received needed treatment.

# **EVIDENCE FOR UTILIZATION**

Mokdad AH, Marks JS, Stroup DF, Gerberding JL. Actual causes of death in the United States, 2000. JAMA2004 Mar 10;291(10):1238-45. [97 references]

PubMed

#### COSTS

The annual cost of illicit drug use of \$182 billion. Alcohol, tobacco and illicit drug use costs exceed \$500 billion annually, including health care, criminal justice and productivity loss.

# **EVIDENCE FOR COSTS**

Office of National Drug Control Policy. The economic costs of drug abuse in the United States: 1992-2002.

**Institute of Medicine National Healthcare Quality Report Categories** 

# **IOM CARE NEED**

Getting Better Living with Illness

# **IOM DOMAIN**

Effectiveness

# **Data Collection for the Measure**

# **CASE FINDING**

Users of care only

#### **DESCRIPTION OF CASE FINDING**

Adolescent and adult members 13 years and older as of December 31 of the measurement year continuously enrolled 60 days prior through 44 days after the Index Episode Start Date\* without any gaps in enrollment during the continuous enrollment period with a new episode of alcohol or other drug (AOD) dependence during the Intake Period\*\*

<sup>\*</sup>Index Episode Start Date: The earliest date of service for any inpatient, intensive outpatient, partial hospitalization, outpatient, detoxification or emergency department encounter during the Intake Period\*\* with any diagnosis of AOD.

\*\*Intake Period: January 1 to November 15 of the measurement year. The Intake Period is used to capture new episodes of AOD.

# **DENOMINATOR SAMPLING FRAME**

Patients associated with provider

# **DENOMINATOR INCLUSIONS/EXCLUSIONS**

#### **Inclusions**

Adolescent and adult members 13 years and older as of December 31 of the measurement year with a new episode of alcohol or other drug (AOD) dependence during the Intake Period with an inpatient, intensive outpatient, partial hospitalization, outpatient, detoxification or emergency department (ED) encounter with any diagnosis of AODD

Note: Refer to the original measure documentation for steps to identify the eligible population.

#### **Exclusions**

- Exclude members who had a claim/encounter with any diagnosis of AOD (refer to Table IET-A in the original measure documentation) during the 60 days prior to the Index Episode Start Date.
- Exclude from the denominator members whose initiation encounter is an inpatient stay with a discharge date after December 1 of the measurement year.

#### RELATIONSHIP OF DENOMINATOR TO NUMERATOR

All cases in the denominator are equally eligible to appear in the numerator

# **DENOMINATOR (INDEX) EVENT**

Clinical Condition Encounter Therapeutic Intervention

# **DENOMINATOR TIME WINDOW**

Time window precedes index event

# **NUMERATOR INCLUSIONS/EXCLUSIONS**

#### Inclusions

Initiation of alcohol and other drug (AOD) treatment and two or more inpatient admissions, outpatient visits, intensive outpatient encounters, or partial hospitalizations (refer to Table IET-B in the original measure documentation) with any AOD diagnosis (refer to Table IET-A in the original measure documentation) within 30 days after the date of the Initiation encounter (inclusive)

For members who initiated treatment via an inpatient stay, use the discharge date as the start of the 30 day engagement time period.

• If the Engagement encounter is an inpatient admission, the admit date (not the discharge date) must be within 30 days of the Initiation encounter (inclusive).

#### **Exclusions**

Do not count Engagement encounters that include detoxification codes (including inpatient detoxification).

# MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

#### NUMERATOR TIME WINDOW

Fixed time period

# **DATA SOURCE**

Administrative data

# **LEVEL OF DETERMINATION OF QUALITY**

Individual Case

# **PRE-EXISTING INSTRUMENT USED**

Unspecified

# **Computation of the Measure**

### **SCORING**

Rate

# **INTERPRETATION OF SCORE**

Better quality is associated with a higher score

#### ALLOWANCE FOR PATIENT FACTORS

Analysis by subgroup (stratification on patient factors, geographic factors, etc.)

# **DESCRIPTION OF ALLOWANCE FOR PATIENT FACTORS**

This measure requires that separate rates be reported for Medicaid, Medicare, and commercial plans. Report two age stratifications and a total rate:

- 13 to 17 year-olds
- 18+ year-olds
- Total

# STANDARD OF COMPARISON

External comparison at a point in time External comparison of time trends Internal time comparison

# **Evaluation of Measure Properties**

#### **EXTENT OF MEASURE TESTING**

Unspecified

# **Identifying Information**

# **ORIGINAL TITLE**

Initiation and engagement of alcohol and other drug dependence treatment (IET).

# **MEASURE COLLECTION**

HEDIS® 2009: Healthcare Effectiveness Data and Information Set

# **MEASURE SET NAME**

Access/Availability of Care

# **DEVELOPER**

National Committee for Quality Assurance

# **FUNDING SOURCE(S)**

Unspecified

# **COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE**

National Committee for Quality Assurance's (NCQA's) Measurement Advisory Panels (MAPs) are composed of clinical and research experts with an understanding of quality performance measurement in the particular clinical content areas.

# FINANCIAL DISCLOSURES/OTHER POTENTIAL CONFLICTS OF INTEREST

In order to fulfill National Committee for Quality Assurance's (NCQA's) mission and vision of improving health care quality through measurement, transparency and accountability, all participants in NCQA's expert panels are required to disclose potential conflicts of interest prior to their participation. The goal of this Conflict Policy is to ensure that decisions which impact development of NCQA's products and services are made as objectively as possible, without improper bias or influence.

# **ENDORSER**

National Quality Forum

#### **ADAPTATION**

Measure was not adapted from another source.

#### **RELEASE DATE**

2004 Jan

#### **REVISION DATE**

2008 Jul

#### **MEASURE STATUS**

This is the current release of the measure.

This measure updates a previous version: National Committee for Quality Assurance (NCQA). HEDIS 2008. Healthcare effectiveness data & information set. Vol. 2, Technical specifications. Washington (DC): National Committee for Quality Assurance (NCQA); 2007 Jul. various p.

#### SOURCE(S)

National Committee for Quality Assurance (NCQA). HEDIS® 2009: Healthcare Effectiveness Data & Information Set. Vol. 1, Narrative. Washington (DC): National Committee for Quality Assurance (NCQA); 2008 Jul. 90 p.

National Committee for Quality Assurance (NCQA). HEDIS® 2009: Healthcare Effectiveness Data & Information Set. Vol. 2, Technical Specifications. Washington (DC): National Committee for Quality Assurance (NCQA); 2008 Jul. various p.

#### **MEASURE AVAILABILITY**

The individual measure, "Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET)," is published in "HEDIS® 2009. Healthcare Effectiveness Data & Information Set. Vol. 2, Technical Specifications."

For more information, contact the National Committee for Quality Assurance (NCQA) at 1100 13th Street, NW, Suite 1000, Washington, DC 20005; Telephone: 202-955-3500; Fax: 202-955-3599; Web site: <a href="https://www.ncqa.org">www.ncqa.org</a>.

#### **COMPANION DOCUMENTS**

The following is available:

 National Committee for Quality Assurance (NCQA). The state of health care quality 2008: industry trends and analysis. Washington (DC): National Committee for Quality Assurance (NCQA); 2008. 131 p.

For more information, contact the National Committee for Quality Assurance (NCQA) at 1100 13th Street, NW, Suite 1000, Washington, DC 20005; Telephone: 202-955-3500; Fax: 202-955-3599; Web site: <a href="https://www.ncga.org">www.ncga.org</a>.

# **NQMC STATUS**

This NQMC summary was completed by ECRI on September 29, 2005. The information was verified by the measure developer on December 2, 2005. This NQMC summary was updated by ECRI Institute on May 15, 2008. The information was verified by the measure developer on June 17, 2008. This NQMC summary was updated again by ECRI Institute on March 27, 2009. The information was verified by the measure developer on May 29, 2009.

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